Tarot journal worksheet

1 / Record the question and cards. Use any spread; leave unused rows blank. Keep all three sheets together using the original reading date.

Date:

Question or focus:

Known facts before the reading:

Spread and positions:

Cards and orientations:

Write each position's role and card name. Orientation: U = upright, R = reversed. Sideways placement alone does not mean reversed.

No.	Position / role	Card	U / R
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

Interpretation and action

2 / Connect the images, reference themes and position roles. Keep observations separate from interpretation; leave room for an alternative.

Original reading date:

What I noticed in the images:

Core themes from the reference:

How each theme fits its position:

My connected interpretation:

An alternative interpretation:

One small action I could try:

When I will review:

Later check-in

3 / Return on the date you chose. Record what happened, including where the interpretation did not fit. Use the dates to match this sheet to the original entry.

Original reading date:

Review date:

What happened or changed:

What fit, and what did not:

Which assumption needs revision:

What I want to carry forward:

Your notes belong wherever you choose to keep them. This blank worksheet does not send your answers to Orara.